

D-7 2022 at Cambridge



Mens Results

100 Meters Varsity - Finals

1.	12 Grant Walker	11.18a	Wauneta-Palisade
2.	10 Jackson Kerchal	11.27a	Dundy County Stratton
3.	12 Bobby Schneider	11.49a	Dundy County Stratton
4.	12 Colton Carlson	11.76a	Arapahoe
5.	11 Hunter Cunningham	11.85a	Southwest Public
6.	9 Grayson Koller	11.94a	Arapahoe
7.	11 Jackson Trompke	12.16a	Cambridge
	11 Carson Glunz	DQ	Wallace

100 Meters Varsity - Prelims

1.	10 Jackson Kerchal	11.33a	Dundy County Stratton
2.	12 Bobby Schneider	11.42a PR	Dundy County Stratton
3.	12 Grant Walker	11.42a	Wauneta-Palisade
4.	12 Colton Carlson	11.63a	Arapahoe
5.	11 Carson Glunz	11.78a	Wallace
6.	11 Hunter Cunningham	11.85a	Southwest Public
7.	9 Grayson Koller	11.88a PR	Arapahoe
8.	11 Jackson Trompke	12.01a	Cambridge
9.	12 Carter Hadley	12.07a PR	Loomis
10.	10 Austin Roblee	12.12a	Medicine Valley
11.	9 Eric Wood	12.39a PR	Bertrand
12.	12 Austin Warburton	12.49a	Arapahoe
13.	10 Hunter Blume	12.62a	Southwest Public
14.	10 David Beasley	12.77a PR	Hitchcock County
15.	9 Chase Vosler	12.80a	Bertrand
16.	9 Aiden Jones	12.81a PR	Medicine Valley
17.	12 Kolton Hager	12.88a PR	Wallace
18.	10 Matthew Morgan	12.93a PR	Cambridge
19.	10 Riley Strawder	12.94a PR	Wallace
20.	11 Tanner OBrien	12.96a SR	Hitchcock County

21.	9 Ryan Werkmeister	12.99a	Maywood-Hayes Center
22.	9 Kody Schwenk	13.09a PR	Maywood-Hayes Center
23.	9 Kayden Hatfield	13.47a PR	Bertrand
24.	9 Kaleb Einspahr	13.75a	Medicine Valley
25.	9 Markell Macke	14.32a PR	Cambridge
26.	11 Kollin Brewer	16.66a PR	Loomis

200 Meters Varsity - Finals

1.	12 Shay Swanson	23.34a	Loomis
2.	12 Grant Walker	23.84a	Wauneta-Palisade
3.	9 Tayten Koeppen	24.30a PR	Cambridge
4.	11 Carson Glunz	24.52a	Wallace
5.	11 Carter Van Pelt	24.74a PR	Southwest Public
6.	10 Mitchel Stritt	24.89a	Southwest Public
7.	12 Austin Warburton	25.47a	Arapahoe
8.	11 Jackson Trompke	26.27a	Cambridge

200 Meters Varsity - Prelims

1.	12 Grant Walker	24.34a	Wauneta-Palisade
1.	12 Shay Swanson	24.34a	Loomis
1.	9 Tayten Koeppen	24.34a	Cambridge
4.	11 Carson Glunz	24.38a	Wallace
5.	11 Carter Van Pelt	24.77a	Southwest Public
6.	10 Mitchel Stritt	24.82a	Southwest Public
7.	11 Jackson Trompke	25.10a	Cambridge
8.	12 Austin Warburton	25.42a	Arapahoe
9.	10 Rafe Hill	25.93a PR	Arapahoe
10.	9 Aiden Jones	26.35a	Medicine Valley
11.	9 Chase Vosler	26.37a	Bertrand
12.	12 Carter Hadley	26.44a	Loomis
13.	9 Ryan Werkmeister	27.06a	Maywood-Hayes Center
14.	10 Austin Roblee	27.09a	Medicine Valley
15.	10 Wyatt Jackson	27.29a	Cambridge
16.	11 Joe Brown	27.48a PR	Medicine Valley
17.	9 Kody Schwenk	27.54a	Maywood-Hayes Center
18.	10 Dawson Newcomb	27.75a	Bertrand

19.	10	Riley Strawder	28.36a	Wallace
20.	9	Kayden Hatfield	28.57a	Bertrand
21.	9	Eli Shafer	28.59a PR	Arapahoe
22.	9	Collin Bley	30.54a	Wauneta-Palisade
23.	10	Jesus Gomez	31.04a PR	Wallace
24.	10	Tristan Martin	31.94a	Southwest Public

400 Meters Varsity - Finals

1.	12	Colton Carlson	53.90a	Arapahoe
2.	12	Jose Lund	54.86a	Bertrand
3.	11	Drew Scott	55.51a	Hitchcock County
4.	11	Trent Kisker	55.91a	Hitchcock County
5.	11	Jackson Trompke	56.65a PR	Cambridge
6.	12	Laiden Lawler	58.38a	Wauneta-Palisade
7.	12	Jacob Kerns	58.85a PR	Southwest Public
8.	12	William Adams	59.02a PR	Bertrand
9.	9	Brody Senff	59.58a	Medicine Valley
10.	10	Wyatt Jackson	59.85a PR	Cambridge
11.	11	Joe Brown	1:00.84a PR	Medicine Valley
12.	9	Carter Hanes	1:01.55a	Cambridge
13.	9	Carson Hansen	1:02.00a	Bertrand
14.	9	Ryan Werkmeister	1:02.09a	Maywood-Hayes Center
14.	10	Rafe Hill	1:02.09a PR	Arapahoe
16.	9	Jason Fisher	1:05.08a	Wallace
17.	10	Chase Martin	1:07.41a	Wallace
18.	10	Jesus Gomez	1:18.99a	Wallace

800 Meters Varsity - Finals

1.	12	Derek Trompke	2:11.56a	Cambridge
2.	12	Travis Neben	2:11.82a	Hitchcock County
3.	12	Zach McArthur	2:12.19a	Cambridge
4.	9	Carter Horner	2:21.52a PR	Loomis
5.	9	Gavin Gunderson	2:22.67a	Cambridge
6.	10	Campbell Schutz	2:22.73a	Arapahoe
7.	11	Kolyn Gaston	2:23.59a	Hitchcock County
8.	10	Jaxon Unrein	2:24.97a	Hitchcock County

9.	9	Kaleb Einspahr	2:32.40a	Medicine Valley
10.	10	Chase Martin	2:40.56a	Wallace
11.	10	Corbin Carpenter	2:40.96a	Arapahoe
12.	9	Carson Hansen	2:41.88a	Bertrand
13.	10	Clay Bohr	2:48.91a	Loomis
14.	10	Aden Schaffert	2:56.18a	Southwest Public
15.	9	Jason Fisher	3:02.99a	Wallace
16.	10	Eklin Reyes	3:03.80a	Loomis
17.	9	Chris Hermes	3:07.03a	Arapahoe
	11	Andrew Englot	DQ	Dundy County Stratton

1600 Meters Varsity - Finals

1.	10	Carson Trompke	5:18.66a	Cambridge
2.	12	Derek Trompke	5:18.71a	Cambridge
3.	12	Travis Neben	5:23.18a	Hitchcock County
4.	10	Campbell Schutz	5:42.32a	Arapahoe
5.	11	Garrett Stamm	5:50.41a SR	Dundy County Stratton
6.	9	Gavin Gunderson	5:50.53a	Cambridge
7.	10	Austin Thompson	5:59.78a	Southwest Public
8.	12	Issiac Garcia	6:02.73a	Dundy County Stratton
9.	10	Nathan Kollmorgen	6:03.91a	Hitchcock County
10.	9	Luke Larson	6:11.34a	Loomis
11.	12	Drake Hermanson	6:11.90a	Loomis
12.	11	Colton Wagner	6:13.32a	Bertrand
13.	9	Teagan Arehart	6:55.51a	Loomis
14.	10	Aden Schaffert	7:20.11a	Southwest Public
15.	12	Layne Sutton	8:48.85a	Dundy County Stratton

3200 Meters Varsity - Finals

1.	10	Carson Trompke	11:31.87a	Cambridge
2.	9	Marcus Hernandez	11:43.60a	Bertrand
3.	10	Austin Thompson	12:40.05a	Southwest Public
4.	12	Aidan Gunderson	12:46.31a	Cambridge
5.	11	Landon Tines	13:12.43a	Hitchcock County
6.	11	Colton Wagner	13:18.67a PR	Bertrand
7.	9	Kade Thiessen	13:19.90a	Hitchcock County

110m Hurdles - 39" Varsity - Finals

1.	12 Braydn Hutto	15.42a PR	Hitchcock County
2.	12 Tristian White	15.48a PR	Arapahoe
3.	12 Quintin Shaner	16.30a	Cambridge
4.	12 Dahlton Wood	16.61a	Cambridge
5.	11 Gunnar Hadley	16.72a	Loomis
6.	11 Hayden Kramer	17.46a	Medicine Valley
7.	11 Kyler Flaming	18.57a	Wallace
8.	11 Matthew Lungrin	18.63a	Wallace

110m Hurdles - 39" Varsity - Prelims

1.	12 Braydn Hutto	15.76a	Hitchcock County
2.	12 Tristian White	15.79a	Arapahoe
3.	12 Dahlton Wood	15.92a	Cambridge
4.	12 Quintin Shaner	16.16a PR	Cambridge
5.	11 Gunnar Hadley	17.00a	Loomis
6.	11 Hayden Kramer	18.13a	Medicine Valley
7.	11 Kyler Flaming	18.32a	Wallace
8.	11 Matthew Lungrin	18.35a	Wallace
9.	10 Cale Nelson	18.60a	Loomis
10.	9 Trenton Roskop	18.62a	Arapahoe
11.	9 Carter Hanes	19.48a	Cambridge
12.	12 Jesson McClintock	20.37a	Wallace

300m Hurdles - 36" Varsity - Finals

1.	12 Tristian White	43.21a	Arapahoe
2.	12 Dahlton Wood	44.19a	Cambridge
3.	12 Quintin Shaner	44.55a PR	Cambridge
4.	11 Cole Barnett	45.26a	Southwest Public
5.	11 Kyler Flaming	45.74a	Wallace
6.	12 Braydn Hutto	46.33a	Hitchcock County
7.	11 Matthew Lungrin	46.54a	Wallace
8.	10 Cale Nelson	46.97a PR	Loomis
9.	11 Keegan Shuler	48.80a	Hitchcock County
10.	9 Trenton Roskop	48.90a	Arapahoe
11.	9 Eric Wood	49.31a	Bertrand

12.	12 William Adams	49.75a	Bertrand
13.	9 Grayden Sutherland	49.84a PR	Wauneta-Palisade
14.	9 Dierks Sayer	50.06a	Cambridge
14.	9 Kody Schwenk	50.06a	Maywood-Hayes Center

4x100 Relay Varsity - Finals

	11 Alex Englot		
1.	12 Bobby Schneider	46.54a	Dundy County Stratton - A
	11 Corbin Horner		
	10 Jackson Kerchal		
	11 Hayden Kramer		
2.	9 Brody Senff	47.10a	Medicine Valley - A
	10 Austin Roblee		
	12 Sebastian Kramer		
	9 Grayson Koller		
3.	12 Colton Carlson	47.16a	Arapahoe - A
	12 Tyler Miller		
	12 Tristian White		
	11 Owen Kaps		
4.	11 Adan Gonzalez-Orozco	47.18a	Bertrand - A
	11 Landon Way		
	10 Gabriel Bojorquez		
	12 Carter Hadley		
5.	10 Cale Nelson	48.70a	Loomis - A
	11 Gunnar Hadley		
	12 Shay Swanson		
	11 Matthew Lungrin		
6.	12 Alec Messersmith	48.92a	Wallace - A
	12 Jesson McClintock		
	11 Carson Glunz		
	11 Jackson Trompke		
7.	10 Hunter Perks	49.67a	Cambridge - A
	10 Ben Hoberty		

	10 Wyatt Jackson		
	12 Braydn Hutto		
8.	11 Kolyn Gaston	49.75a	Hitchcock County - A
	10 David Beasley		
	11 Tanner OBrien		
	11 Hunter Cunningham		
	10 Hunter Blume	DQ	Southwest Public - A
	10 Mitchel Stritt		
	10 Trenton Custard		
	4x400 Relay Varsity - Finals		
	12 Zach McArthur		
1.	9 Tayten Koeppen	3:43.55a	Cambridge - A
	12 Derek Trompke		
	12 Dahlton Wood		
	11 Alex Englot		
2.	11 Corbin Horner	3:45.34a	Dundy County Stratton - A
	12 Bobby Schneider		
	10 Jackson Kerchal		
	12 Colten Hagan		
3.	11 Drew Scott	3:45.57a	Hitchcock County - A
	11 Keynan Gaston		
	11 Trent Kisker		
	12 Jose Lund		
4.	11 Adan Gonzalez-Orozco	3:46.66a	Bertrand - A
	11 Owen Kaps		
	9 Marcus Hernandez		
	11 Carter Van Pelt		
5.	10 Nathan Rippe	3:54.44a	Southwest Public - A
	11 Kaden Day		
	11 Cole Barnett		
6.	12 Tristian White	3:54.96a	Arapahoe - A
	12 Colton Carlson		

	9 Grayson Koller		
	12 Tyler Miller		
	11 Jacksen Littrel		
7.	9 Grayden Sutherland	4:08.40a	Wauneta-Palisade - A
	11 Kyle Jutten		
	12 Laiden Lawler		
	4x800 Relay Varsity - Finals		
	12 Zach McArthur		
1.	9 Tayten Koeppen	8:57.97a	Cambridge - A
	10 Carson Trompke		
	12 Derek Trompke		
	10 Austin Thompson		
2.	10 Nathan Rippe	9:11.81a	Southwest Public - A
	11 Carter Van Pelt		
	11 Cole Barnett		
	11 Kolyn Gaston		
3.	10 Jaxon Unrein	9:45.09a	Hitchcock County - A
	11 Landon Tines		
	10 Nathan Kollmorgen		
	9 Luke Larson		
4.	10 Clay Bohr	10:24.12a	Loomis - A
	12 Drake Hermanson		
	9 Carter Horner		
	10 Campbell Schutz		
5.	10 Corbin Carpenter	10:37.65a	Arapahoe - A
	9 Eli Shafer		
	9 Chris Hermes		
	11 Garrett Stamm		
6.	12 Issiac Garcia	11:11.51a	Dundy County Stratton - A
	12 Layne Sutton		
	12 Talan Riley		
	Shot Put - 12lb Varsity - Finals		

1.	12 Sebastian Kramer	50-07.25	Medicine Valley
2.	12 Cristian Blincow	49-11.00 PR	Loomis
3.	11 Clayton Meyer	49-02.50	Loomis
4.	11 Keegan Shuler	47-10.50	Hitchcock County
5.	11 Sammy Fasso	44-05.50	Dundy County Stratton
6.	12 Kolton Hager	41-03.50	Wallace
7.	12 Josh Patel	40-00.00	Maywood-Hayes Center
8.	12 Talan Riley	38-08.25	Dundy County Stratton
9.	10 Riley Strawder	38-00.50	Wallace
10.	11 Kyler Flaming	37-10.75 PR	Wallace
11.	12 Levi Kerner	37-05.50	Arapahoe
12.	12 Laiden Lawler	37-05.00	Wauneta-Palisade
13.	11 Jacksen Littrel	37-02.00	Wauneta-Palisade
14.	12 Aidan Kennicutt	36-10.50	Wauneta-Palisade
15.	10 Hunter Perks	36-09.25 PR	Cambridge
16.	11 Myles Boggs	36-01.25	Bertrand
17.	11 Tanner OBrien	34-06.00	Hitchcock County
18.	10 Riggin Ludeke	33-06.75	Loomis
19.	11 Adan Gonzalez-Orozco	32-07.50	Bertrand
20.	9 Eli Shafer	32-01.00 PR	Arapahoe
21.	11 Lane Schoff	32-00.75 PR	Bertrand
22.	10 Tristan Martin	31-11.75	Southwest Public
23.	12 Keithen Huntley	30-02.75	Cambridge
24.	12 Therran Bernard	26-06.50	Dundy County Stratton
	11 Dylan Bahe	ND	Arapahoe

Discus - 1.6kg Varsity - Finals

1.	12 Sebastian Kramer	161-01	Medicine Valley
2.	12 Cristian Blincow	152-03 PR	Loomis
3.	12 Dahlton Wood	150-08 PR	Cambridge
4.	11 Keegan Shuler	143-05 PR	Hitchcock County
5.	12 Talan Riley	132-03 PR	Dundy County Stratton
6.	11 Dylan Bahe	131-05	Arapahoe
7.	12 Josh Patel	129-02	Maywood-Hayes Center
8.	11 Tanner OBrien	122-03 PR	Hitchcock County

9.	12 Kolton Hager	118-06 PR	Wallace
10.	11 Sammy Fasso	118-05	Dundy County Stratton
11.	12 Aidan Kennicutt	113-04	Wauneta-Palisade
12.	11 Jacksen Littrel	111-09	Wauneta-Palisade
13.	10 Hunter Perks	108-06 PR	Cambridge
14.	12 Alec Messersmith	107-06	Wallace
15.	10 Nolan Edgren	104-06 PR	Bertrand
16.	11 Myles Boggs	102-04	Bertrand
17.	10 Riggin Ludeke	101-04	Loomis
18.	9 Kody Schwenk	99-08 PR	Maywood-Hayes Center
19.	10 Riley Strawder	98-02	Wallace
20.	12 Laiden Lawler	93-10	Wauneta-Palisade
21.	11 Keynan Gaston	92-11	Hitchcock County
22.	12 Keithen Huntley	92-03	Cambridge
23.	12 Levi Kerner	92-02	Arapahoe
24.	10 Hunter Blume	82-06	Southwest Public
25.	11 Adan Gonzalez-Orozco	78-03	Bertrand
26.	9 Eli Shafer	75-10	Arapahoe
27.	10 Tristan Martin	75-09	Southwest Public
28.	10 Travis Terwilliger	36-06	Dundy County Stratton
	11 Clayton Meyer	ND	Loomis

High Jump Varsity - Finals

1.	11 Hayden Kramer	6-02.00	Medicine Valley
2.	12 Shay Swanson	6-02.00 PR	Loomis
3.	11 Gunnar Hadley	6-02.00 PR	Loomis
4.	10 Jackson Kerchal	6-00.00	Dundy County Stratton
5.	10 Cale Nelson	6-00.00	Loomis
6.	11 Kyle Jutten	5-08.00	Wauneta-Palisade
7.	10 Jaxon Unrein	5-08.00 PR	Hitchcock County
8.	10 Ben Hoberty	5-06.00	Cambridge
9.	12 Alec Messersmith	5-06.00 SR	Wallace
10.	12 Colten Hagan	5-04.00	Hitchcock County
	11 Kyler Flaming	NH	Wallace
	9 Trenton Roskop	NH	Arapahoe

9 Chase Vosler NH Bertrand
9 Jason Fisher NH Wallace

Pole Vault Varsity - Finals

1. 9 Marcus Hernandez 13-02.00 Bertrand
2. 11 Owen Kaps 13-02.00 Bertrand
3. 12 Zach McArthur 12-02.00 PR Cambridge
4. 12 Jacob Kerns 11-02.00 Southwest Public
4. 11 Gunnar Hadley 11-02.00 Loomis
6. 10 Rafe Hill 10-08.00 Arapahoe
7. 11 Kaden Day 10-08.00 Southwest Public
7. 12 Damien Jensen 10-08.00 Loomis
9. 11 Kyle Jutten 10-02.00 Wauneta-Palisade
9. 9 Aiden Jones 10-02.00 Medicine Valley
11. 9 Carter Hanes 9-08.00 PR Cambridge
11. 12 Carter Hadley 9-08.00 Loomis
11. 10 Gabriel Bojorquez 9-08.00 Bertrand
9 Markell Macke NH Cambridge
10 Nathan Kollmorgen NH Hitchcock County

Long Jump Varsity - Finals

1. 11 Drew Scott 20-07.00 Hitchcock County
2. 11 Landon Way 20-04.00 PR Bertrand
3. 11 Hunter Cunningham 20-01.50 PR Southwest Public
4. 12 Quintin Shaner 20-00.00 Cambridge
5. 12 Shay Swanson 19-03.25 Loomis
6. 11 Andrew Englot 18-02.00 Dundy County Stratton
7. 12 Alec Messersmith 18-00.50 Wallace
8. 10 Ben Hoberty 17-01.75 Cambridge
9. 10 Austin Roblee 16-11.50 Medicine Valley
10. 11 Matthew Lungrin 16-06.25 Wallace
11. 9 Brody Senff 16-05.50 PR Medicine Valley
12. 10 David Beasley 16-01.00 Hitchcock County
13. 10 Matthew Morgan 15-11.00 Cambridge
14. 9 Grayson Koller 15-10.00 Arapahoe
15. 11 Garrett Stamm 15-07.00 PR Dundy County Stratton

16. 12 William Adams 15-05.00 Bertrand
17. 9 Chase Vosler 15-03.25 Bertrand
18. 11 Dayron Reyes 14-02.50 Loomis
19. 12 Therran Bernard 12-03.75 Dundy County Stratton
20. 12 Levi Kerner 12-02.50 PR Arapahoe

Triple Jump Varsity - Finals

1. 12 Quintin Shaner 42-11.00 Cambridge
2. 11 Drew Scott 40-00.75 PR Hitchcock County
3. 11 Trent Kisker 39-08.00 PR Hitchcock County
4. 11 Owen Kaps 39-07.25 Bertrand
5. 9 Eric Wood 38-07.00 Bertrand
6. 10 Hunter Perks 38-04.25 PR Cambridge
7. 10 Ben Hoberty 36-04.50 Cambridge
8. 12 Jesson McClintock 36-04.25 Wallace
9. 9 Grayden Sutherland 36-03.00 Wauneta-Palisade
10. 11 Keynan Gaston 35-11.00 Hitchcock County
11. 11 Joe Brown 35-04.75 Medicine Valley
12. 11 Garrett Stamm 34-06.00 Dundy County Stratton
13. 10 Dawson Newcomb 32-07.75 Bertrand
14. 9 Collin Bley 30-11.75 Wauneta-Palisade
12 Tyler Miller ND Arapahoe

Womens Results

100 Meters Varsity - Finals

1. 11 Kiley Hejtmanek 12.71a PR Maywood-Hayes Center
2. 9 Autumn Holt 12.93a Loomis
3. 12 Paige Sickels 13.15a PR Cambridge
4. 9 JoLie Farr 13.52a Cambridge
5. 9 Ambie Custard 13.58a Southwest Public
6. 9 Allison Van Pelt 13.68a Southwest Public
7. 10 Stella Heapy 13.76a Medicine Valley
8. 10 Kayana Riley 13.94a Dundy County Stratton

100 Meters Varsity - Prelims

1.	9	Autumn Holt	12.91a	Loomis
2.	11	Kiley Hejtmanek	12.92a	Maywood-Hayes Center
3.	12	Paige Sickels	13.26a	Cambridge
4.	9	JoLie Farr	13.32a PR	Cambridge
5.	9	Ambie Custard	13.45a	Southwest Public
6.	10	Stella Heapy	13.56a PR	Medicine Valley
7.	9	Allison Van Pelt	13.63a	Southwest Public
8.	10	Kayana Riley	13.71a PR	Dundy County Stratton
9.	9	Brooke Knotts	13.73a PR	Wauneta-Palisade
10.	9	Ella Brown	13.88a PR	Bertrand
11.	11	Halle Bardsley	13.90a PR	Wauneta-Palisade
12.	10	Carly Stewart	14.05a	Loomis
13.	9	Emily Willis	14.09a	Dundy County Stratton
14.	11	Karlie Finley	14.10a PR	Wallace
15.	11	Emerson Swanson	14.12a	Arapahoe
16.	10	Kylie Rose	14.23a	Medicine Valley
17.	11	Torrin Donaldson	14.33a	Loomis
18.	10	Bailee Ahlemeyer	14.40a PR	Cambridge
19.	10	Alyssa Schneider	14.61a	Dundy County Stratton
20.	11	Delaney Critchfield	14.80a PR	Southwest Public
21.	9	Aislin Kidder	14.82a PR	Bertrand
22.	10	Alaina Eberle	14.94a SR	Medicine Valley
23.	9	Jorjanna High	15.13a PR	Bertrand
24.	9	Molly Elliott	15.20a	Arapahoe
25.	9	Devin Giesselmann	15.53a PR	Wallace
26.	9	Kendall McClintock	16.79a	Wallace
27.	11	Miranda Carlson	16.96a PR	Arapahoe
	11	Cali Cox	DQ	Wauneta-Palisade

200 Meters Varsity - Finals

1.	11	Kiley Hejtmanek	26.47a PR	Maywood-Hayes Center
2.	9	Autumn Holt	26.87a PR	Loomis
3.	12	Paige Sickels	28.02a	Cambridge
4.	9	JoLie Farr	28.79a	Cambridge
5.	10	Sabrina Jacobsen	29.14a	Arapahoe

6.	9	Rylee Bahe	29.47a PR	Arapahoe
7.	10	Carly Stewart	29.80a	Loomis
8.	10	Naomi Gutierrez	30.52a	Arapahoe

200 Meters Varsity - Prelims

1.	11	Kiley Hejtmanek	27.51a	Maywood-Hayes Center
2.	9	Autumn Holt	27.79a	Loomis
3.	12	Paige Sickels	28.13a	Cambridge
4.	10	Sabrina Jacobsen	28.63a	Arapahoe
5.	9	JoLie Farr	29.04a	Cambridge
6.	10	Naomi Gutierrez	29.65a	Arapahoe
7.	9	Rylee Bahe	29.70a	Arapahoe
8.	10	Carly Stewart	29.72a	Loomis
9.	9	Brooke Knotts	29.76a	Wauneta-Palisade
10.	10	Ellie Broz	29.76a	Maywood-Hayes Center
11.	9	Keslie Cox	30.12a	Maywood-Hayes Center
12.	10	Brooke Bryant	30.50a	Wallace
13.	11	Halle Bardsley	31.09a	Wauneta-Palisade
14.	9	Remi Stout	31.45a	Medicine Valley
15.	9	Emmerie Tomlin	32.24a	Cambridge
16.	11	Delaney Critchfield	32.33a	Southwest Public
17.	9	Mallory McConnell	32.35a	Wallace
18.	9	Devin Giesselmann	33.11a	Wallace
19.	10	Sienna Houghtelling	33.44a	Medicine Valley
20.	11	Avery Broomfield	34.73a	Southwest Public
21.	11	McKinizi Porteck	38.46a	Loomis

400 Meters Varsity - Finals

1.	11	Kiley Hejtmanek	1:01.29a PR	Maywood-Hayes Center
2.	10	Jalen Kent	1:01.98a PR	Cambridge
3.	10	Ellie Broz	1:02.18a PR	Maywood-Hayes Center
4.	10	Stella Heapy	1:05.95a	Medicine Valley
5.	9	Jewel Holthus	1:07.37a PR	Wauneta-Palisade
6.	10	Brenna Deterding	1:07.62a	Cambridge
7.	12	Denay Pelster	1:09.09a	Wallace
8.	10	Dajana Garrison	1:09.96a	Wallace

9.	10	Berkley Warner	1:12.53a PR	Arapahoe
10.	9	Mileeya Monter	1:13.72a	Cambridge
11.	11	Torrin Donaldson	1:15.30a	Loomis
12.	9	Sophia Alfayo	1:17.10a	Wauneta-Palisade
13.	9	Kalli Hoskovec	1:18.22a PR	Wauneta-Palisade
14.	11	Gracelyn Fries	1:19.16a	Southwest Public
15.	9	Molly Elliott	1:20.27a PR	Arapahoe
16.	11	Miranda Carlson	1:25.46a PR	Arapahoe
	9	Atleigh Nelms	DQ	Southwest Public

800 Meters Varsity - Finals

1.	9	Rachel Harris	2:32.75a PR	Cambridge
2.	9	Reagan Stengel	2:34.52a	Maywood-Hayes Center
3.	12	Aimee Merrill	2:36.29a	Hitchcock County
4.	11	Ashlin Broz	2:37.50a	Maywood-Hayes Center
5.	10	Brenna Deterding	2:44.74a	Cambridge
6.	9	Kassidy Hatfield	2:49.73a	Maywood-Hayes Center
7.	10	Leah Downer	2:56.49a	Cambridge
8.	11	Anna tenBensel	2:59.47a	Arapahoe
9.	9	Sophia Alfayo	3:04.05a	Wauneta-Palisade
10.	9	Cadence Carpenter	3:04.38a	Arapahoe
11.	12	Tracy Roskop	3:13.23a	Arapahoe
12.	10	Alexis King	3:17.09a	Loomis
13.	9	Emma Brown	3:20.31a	Bertrand

1600 Meters Varsity - Finals

1.	12	Mariah Gardner	6:03.50a	Wallace
2.	11	Ashlin Broz	6:04.41a	Maywood-Hayes Center
3.	10	Byanka Tyan	6:09.50a PR	Hitchcock County
4.	9	Rachel Harris	6:14.92a	Cambridge
5.	10	Chayse Keith	6:27.22a	Hitchcock County
6.	9	Ashley Robertson	6:34.98a	Wallace
7.	11	Kori Koeppen	6:39.15a	Cambridge
8.	9	Ryleigh Hanson	6:45.17a	Wallace
9.	11	Anna tenBensel	6:52.40a	Arapahoe
10.	10	Addison Hansen	6:55.35a PR	Bertrand

11.	11	Olivia Hansen	6:58.01a	Maywood-Hayes Center
12.	9	Charlotte Broker	7:03.89a	Maywood-Hayes Center
13.	11	Lizbeth Cardoza	7:12.51a	Dundy County Stratton
14.	12	Megan tenBensel	7:28.01a	Cambridge
15.	9	Haiden Garey	8:04.25a	Arapahoe

3200 Meters Varsity - Finals

1.	12	Mariah Gardner	13:31.39a	Wallace
2.	9	Ashley Robertson	13:45.75a PR	Wallace
3.	11	Kori Koeppen	13:52.21a	Cambridge
4.	10	Chayse Keith	14:10.66a	Hitchcock County
5.	9	Charlotte Broker	14:41.24a	Maywood-Hayes Center
6.	10	Reagan Pelster	14:47.99a	Wallace
7.	11	Olivia Hansen	14:54.76a	Maywood-Hayes Center
8.	12	Megan tenBensel	15:22.04a	Cambridge
9.	11	Alina Sankey	15:32.79a	Maywood-Hayes Center
10.	10	Addison Hansen	16:03.07a	Bertrand

100m Hurdles - 33" Varsity - Finals

1.	10	Kendyl Flaming	16.22a PR	Wallace
2.	9	Anastasia Gallegos	16.76a PR	Southwest Public
3.	12	Autumn Deterding	16.87a PR	Cambridge
4.	12	Georgia Crandall	17.41a PR	Loomis
5.	12	Alexa Sandman	17.97a	Wauneta-Palisade
6.	9	Zeigh Booe	18.12a	Loomis
7.	9	Aislin Kidder	18.73a	Bertrand
8.	10	Berkley Warner	19.09a	Arapahoe

100m Hurdles - 33" Varsity - Prelims

1.	10	Kendyl Flaming	17.13a	Wallace
2.	9	Anastasia Gallegos	17.20a	Southwest Public
3.	12	Autumn Deterding	17.36a	Cambridge
4.	12	Georgia Crandall	17.58a	Loomis
5.	9	Zeigh Booe	18.03a PR	Loomis
6.	9	Aislin Kidder	18.05a PR	Bertrand
7.	12	Alexa Sandman	18.59a	Wauneta-Palisade
8.	10	Berkley Warner	18.82a	Arapahoe

9.	9	Erin Johnson	19.76a	Cambridge
10.	10	Brooklyn Wiese	20.22a	Loomis
11.	9	Jill McArthur	20.77a PR	Hitchcock County
12.	9	Aubrey Broz	22.13a	Maywood-Hayes Center

300m Hurdles - 30" Varsity - Finals

1.	10	Jalen Kent	49.66a	Cambridge
2.	10	Kendyl Flaming	50.71a	Wallace
3.	10	Stella Heapy	51.36a	Medicine Valley
4.	9	Zeigh Booe	52.16a	Loomis
5.	11	Karlie Finley	54.65a	Wallace
6.	11	Emerson Swanson	55.03a	Arapahoe
7.	12	Georgia Crandall	55.26a	Loomis
8.	10	Berkley Warner	56.51a	Arapahoe
9.	9	Jill McArthur	59.65a	Hitchcock County
10.	9	Erin Johnson	1:00.44a	Cambridge
11.	9	Aubrey Broz	1:02.57a	Maywood-Hayes Center
	9	Anastasia Gallegos	DQ	Southwest Public

4x100 Relay Varsity - Finals

	9	JoLie Farr		
1.	10	Jalen Kent	54.07a	Cambridge - A
	11	Breelle Miller		
	12	Paige Sickels		
	9	Payton Truksa		
2.	9	Allison Van Pelt	55.44a	Southwest Public - A
	9	Anastasia Gallegos		
	9	Ambie Custard		
	12	Georgia Crandall		
3.	9	Zeigh Booe	56.00a	Loomis - A
	10	Carly Stewart		
	9	Autumn Holt		
	12	Alexa Sandman		
4.	11	Cali Cox	56.54a	Wauneta-Palisade - A
	11	Halle Bardsley		

	9	Brooke Knotts		
	11	Emerson Swanson		
5.	9	Rylee Bahe	57.07a	Arapahoe - A
	10	Naomi Gutierrez		
	10	Sabrina Jacobsen		
	12	Aimee Merrill		
6.	9	Kaiah Johnson	58.07a	Hitchcock County - A
	9	Katie Jarecke		
	12	Lindsey Rippen		
	9	Keslie Cox		
7.	9	Kassidy Hatfield	58.22a	Maywood-Hayes Center - A
	9	Charlotte Broker		
	10	Kyla Patel		
	10	Kylie Rose		
8.	12	Kaylyn Roblee	58.45a	Medicine Valley - A
	11	Khloe Elsten		
	9	Remi Stout		
	11	Lizbeth Cardoza		
9.	10	Alyssa Schneider	58.59a	Dundy County Stratton - A
	9	Emily Willis		
	10	Kayana Riley		
	11	Karlie Finley		
10.	12	Denay Pelster	59.81a	Wallace - A
	10	Dajana Garrison		
	10	Brooke Bryant		

4x400 Relay Varsity - Finals

	10	Ellie Broz		
1.	11	Ashlin Broz	4:28.44a	Maywood-Hayes Center - A
	9	Reagan Stengel		
	11	Kiley Hejtmanek		
2.	9	Rachel Harris	4:39.88a	Cambridge - A
	12	Paige Sickels		

			11 Breelle Miller		
			10 Brenna Deterding		
			9 Brooke Knotts		
3.			10 Ryleigh McCrumb	4:41.00a	Wauneta-Palisade - A
			12 Alexa Sandman		
			9 Jewel Holthus		
			10 Kendyl Flaming		
4.			10 Dajana Garrison	4:52.31a	Wallace - A
			9 Mallory McConnell		
			12 Denay Pelster		
			9 Rylee Bahe		
5.			10 Naomi Gutierrez	4:59.11a	Arapahoe - A
			10 Peyton Sich		
			10 Sabrina Jacobsen		
			12 Aimee Merrill		
6.			9 Kaiah Johnson	5:00.99a	Hitchcock County - A
			9 Jill McArthur		
			12 Lindsey Rippen		
			9 Atleigh Nelms		
7.			10 Bryn Lampe	5:11.39a	Southwest Public - A
			10 Avery McConville		
			11 Caylin Barnett		
			4x800 Relay Varsity - Finals		
			9 Rachel Harris		
1.			10 Brenna Deterding	10:12.82a	Cambridge - A
			11 Breelle Miller		
			10 Jalen Kent		
			9 Reagan Stengel		
2.			10 Ellie Broz	10:13.30a	Maywood-Hayes Center - A
			9 Cassidy Hatfield		
			11 Ashlin Broz		
3.			9 Ashley Robertson	10:54.11a	Wallace - A

			9 Ryleigh Hanson		
			10 Reagan Pelster		
			12 Mariah Gardner		
			11 Caylin Barnett		
4.			9 Allison Van Pelt	11:52.77a	Southwest Public - A
			10 Avery McConville		
			10 Bryn Lampe		
			11 Anna tenBensel		
5.			9 Cadence Carpenter	12:22.96a	Arapahoe - A
			12 Tracy Roskop		
			10 Peyton Sich		
			Shot Put - 4kg Varsity - Finals		
1.			12 Schyler Hoberty	37-00.50 PR	Cambridge
2.			10 Chloe Anderson	36-11.00	Loomis
3.			12 Kaylyn Roblee	35-09.50	Medicine Valley
4.			10 Peyton Cox	35-04.00 PR	Wauneta-Palisade
5.			12 Hope Koller	34-09.00	Arapahoe
6.			12 Hanna Stewart	32-07.50	Loomis
7.			10 Bailee Ahlemeyer	32-04.00	Cambridge
8.			11 Maddie Doyle	32-00.00	Maywood-Hayes Center
9.			10 Kyla Patel	30-02.00	Maywood-Hayes Center
10.			10 GraCee Goings	30-01.25	Wauneta-Palisade
11.			11 Holly Hylton	29-10.25	Dundy County Stratton
12.			11 Gentry Warner	29-09.50	Arapahoe
13.			9 Katie Jarecke	29-07.50	Hitchcock County
14.			9 Shelby Ayer	29-05.50	Cambridge
15.			10 Ashlynn Latimer	28-05.00 PR	Southwest Public
16.			11 Kiana Martin	28-04.00	Southwest Public
17.			11 Annaleah Frizzle	28-03.00	Dundy County Stratton
18.			11 Leah Schutz	27-08.50	Bertrand
19.			10 Elizabeth Kugler	26-07.50	Bertrand
20.			9 Logan Schutz	26-06.50 PR	Bertrand
21.			10 Daelyn Mues	25-02.50	Hitchcock County

22. 9	Jasmine Ellsworth	25-01.00 PR	Loomis
23. 10	Sienna Houghtelling	24-04.00 PR	Medicine Valley
24. 9	Kendal McKenzie	23-11.25	Maywood-Hayes Center
25. 9	Sophia Alfayo	23-08.50	Wauneta-Palisade
26. 9	Haiden Garey	23-01.00	Arapahoe
27. 10	Reagan Pelster	22-11.00	Wallace
28. 9	Kendall McClintock	22-04.50	Wallace
29. 9	Riley Cure	20-10.00	Southwest Public

Discus - 1kg Varsity - Finals

1. 12	Hanna Stewart	117-05	Loomis
2. 12	Schylar Hoberty	107-03	Cambridge
3. 10	Chloe Anderson	105-00 PR	Loomis
4. 11	Kiana Martin	104-02 PR	Southwest Public
5. 10	GraCee Goings	102-10	Wauneta-Palisade
6. 10	Brylyn Springer	95-06 PR	Cambridge
7. 10	Kyla Patel	92-03	Maywood-Hayes Center
8. 12	Kaylyn Roblee	90-00	Medicine Valley
9. 12	Hope Koller	86-04	Arapahoe
10. 11	Gentry Warner	83-05	Arapahoe
11. 10	Avery McConville	82-10	Southwest Public
12. 11	Holly Hylton	81-00	Dundy County Stratton
12. 9	Kendall McClintock	81-00	Wallace
14. 11	Maddie Doyle	80-04	Maywood-Hayes Center
15. 9	Katie Jarecke	80-00	Hitchcock County
16. 10	Bethany Pelton	78-08	Bertrand
17. 9	Danica Ervin	78-04 PR	Cambridge
18. 10	Ashlynn Latimer	78-01 PR	Southwest Public
19. 11	Annaleah Frizzle	77-10	Dundy County Stratton
20. 10	Peyton Cox	75-07	Wauneta-Palisade
21. 9	Gracey Hinson	75-05	Bertrand
21. 10	Daelyn Mues	75-05	Hitchcock County
23. 11	Leah Schutz	75-00	Bertrand
24. 9	Remi Stout	74-08	Medicine Valley
25. 10	Sienna Houghtelling	74-02	Medicine Valley

26. 12	Denay Pelster	68-03	Wallace
27. 9	Devin Giesselmann	67-08	Wallace
28. 9	Abigail Greaves	65-03	Wauneta-Palisade
29. 9	Jasmine Ellsworth	61-08	Loomis
30. 9	Haiden Garey	56-11	Arapahoe
31. 9	Kendal McKenzie	56-01	Maywood-Hayes Center

High Jump Varsity - Finals

1. 12	Paige Klumpe	5-01.00	Cambridge
2. 10	Stella Heapy	5-01.00 PR	Medicine Valley
3. 9	Zeigh Booe	4-11.00	Loomis
4. 9	Erin Johnson	4-11.00 PR	Cambridge
5. 9	Payton Truksa	4-09.00	Southwest Public
6. 12	Lindsey Rippen	4-07.00 PR	Hitchcock County
7. 10	Kendyl Flaming	4-07.00	Wallace
7. 10	Brylyn Springer	4-07.00 PR	Cambridge
7. 10	Carly Stewart	4-07.00 PR	Loomis
10. 9	Mallory McConnell	4-05.00	Wallace
11. 9	Keslie Cox	4-03.00 PR	Maywood-Hayes Center
11. 11	Jersie Hermanson	4-03.00	Loomis
11. 10	Sienna Houghtelling	4-03.00	Medicine Valley
11. 10	Chayse Keith	4-03.00	Hitchcock County
12	Mariah Gardner	NH	Wallace

Pole Vault Varsity - Finals

1. 12	Autumn Deterding	9-00.00	Cambridge
2. 12	Baylee Horner	9-00.00	Loomis
3. 9	Ambie Custard	9-00.00	Southwest Public
4. 9	Jorjanna High	8-06.00	Bertrand
5. 10	Addison Hansen	7-06.00	Bertrand
6. 10	Peyton Sich	7-06.00	Arapahoe
7. 10	Alaina Eberle	7-00.00	Medicine Valley
7. 9	Gracie Hock	7-00.00	Bertrand
7. 10	Bailee Ahlemeyer	7-00.00	Cambridge
10. 10	Leah Downer	6-06.00	Cambridge
10. 9	Kaiah Johnson	6-06.00 PR	Hitchcock County

10.	10 Ryleigh McCrumb	6-06.00	Wauneta-Palisade
10.	11 Cali Cox	6-06.00	Wauneta-Palisade
10.	11 Torrin Donaldson	6-06.00	Loomis
	10 Kirsten Hurst	NH	Southwest Public
	9 Sage Larson	NH	Arapahoe

Long Jump Varsity - Finals

1.	11 Caylin Barnett	16-01.00 PR	Southwest Public
2.	12 Autumn Deterding	15-05.50	Cambridge
3.	9 Autumn Holt	15-00.00	Loomis
4.	11 Jersie Hermanson	14-07.75 PR	Loomis
5.	11 Torrin Donaldson	14-07.50 SR	Loomis
6.	11 Karlie Finley	14-06.50	Wallace
7.	11 Breelle Miller	13-11.00	Cambridge
7.	10 Brooke Bryant	13-11.00	Wallace
9.	10 Dajana Garrison	13-10.00 PR	Wallace
10.	9 Ella Brown	13-07.50	Bertrand
11.	9 Remi Stout	12-03.00	Medicine Valley
12.	9 Molly Elliott	11-09.00	Arapahoe
13.	11 Miranda Carlson	9-00.50	Arapahoe

Triple Jump Varsity - Finals

1.	10 Sabrina Jacobsen	33-10.25 PR	Arapahoe
2.	12 Autumn Deterding	33-00.50	Cambridge
3.	10 Brooke Bryant	32-01.50 PR	Wallace
4.	9 Rylee Bahe	31-09.50	Arapahoe
5.	10 Naomi Gutierrez	31-07.00	Arapahoe
6.	11 Addie Larson	30-02.00 PR	Loomis
7.	11 Khloe Elsten	28-09.50 PR	Medicine Valley
8.	9 Ella Brown	28-06.00	Bertrand
9.	9 Devin Giesselmann	28-00.25 PR	Wallace
10.	9 Kaiah Johnson	28-00.00 PR	Hitchcock County
11.	12 Lindsey Rippen	27-05.00	Hitchcock County

Womens Varsity

1.	Cambridge	154
2.	Loomis	83
3.	Maywood-Hayes Center	77
4.	Wallace	67
5.	Southwest Public	45
6.	Arapahoe	29
7.	Medicine Valley	24
8.	Hitchcock County	21
9.	Wauneta-Palisade	20
10.	Bertrand	6

Mens Varsity

1.	Cambridge	130
2.	Hitchcock County	81
3.	Loomis	65
4.	Bertrand	57
5.	Arapahoe	49
6.	Dundy County Stratton	44
7.	Medicine Valley	39
8.	Southwest Public	34
9.	Wauneta-Palisade	20
10.	Wallace	8